

LCMA End of Year Updates

What a Year it's Been!

Letter from the Co-Presidents

It is hard to believe it but our time as Co-Presidents has come to an end. Starting our President-Elect year in 2020 really honed our skills of being able to pivot at a moment's notice. Being mothers of school aged kids involved in multiple sports and activities, and married to men in the trauma field, we thought we had pivoting down to a science. Having this position, during the time of Covid, taught us there is always room for growth.

A huge thank you is in order for all of our board and committee members. We would not have survived the year without your support. The constant encouragement and the resource of ideas at each meeting made the unexpected much easier.

The LCMA is a group of truly amazing women and we were honored to have been given the opportunity to lead. We enjoyed the collaboration together and the experience of the position. Hopefully, we were able to make the Alliance just a little bit stronger during our time as co-presidents. We both look forward to continuing to be an active part of the Alliance and are excited to see what Renu and Christina have in store for the coming year!

-Elle & Jess

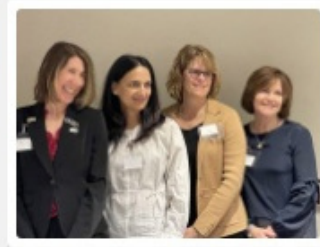




Our Chapter Brought Home the Awards

On April 29th, Past President Cathy Clark, Lynn Cooper and Anna Siewart attended the Annual OSMA Meeting. The LCMA was awarded 5 annual awards for our leadership and programming including: **Doctors Day** "Innovative use of Children's Artwork Being Delivered to Their Favorite Doctors", **Mardi Gras General Membership Meeting**- which was detailed during the state meeting on our innovation and planning committees unique invitation and incorporation of theme and participation, **Charitable Activities** including our Save a Shelter and Ronald McDonald House, **Communication** which highlighted our streamlined directory, and **Doctors Day General**.

The LCMA continues to impress the OSMA with our dedicated board members and our involved and giving membership that help our organization thrive year after year. Thank you to our members who continue to volunteer their time and give generously to our community.



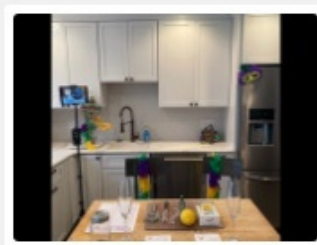
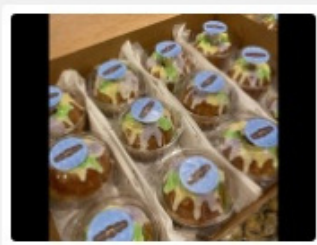
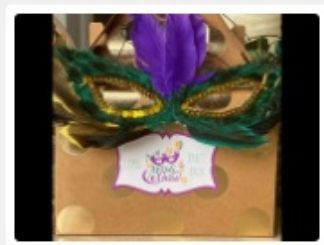
Fat Tuesday Fun!

This year's Winter Warm Up was a virtual meeting centered around Mardi Gras! Participants were invited to purchase a treat box that included an individual king cake, ingredients to make the

traditional New Orleans French 75 cocktail (or mocktail) and festive accessories that were hand delivered to their home. The evening was co-hosted by Jess Bair and Elle Cotterman and included a cocktail demonstration, a Mardi Gras themed game and our general membership meeting. Raffle tickets were available to purchase for two gift baskets and the lucky winners were: Kiran Rai (Wine and Charcuterie Basket) and Juliana Assenmacher (Wine and Game Night Basket).

Congratulations and a big thank you to Christina Hammerling and Renu Kielhorn for coordinating the baskets as well as to the executive board members that donated items to the basket.

Members enjoyed a presentation from the guest speaker, Joe Rosato, who spoke about the important work he does on behalf of Ohio Physicians as a lobbyist for the Ohio State Medical Association (OSMA). Regardless of each of our interest in politics, we learned how our spouses can be impacted directly by the decisions made in the Ohio House and Senate. Visit OSMA.org to learn about the current top health care related legislative issues and be sure to check for the OSMA Political Action Committee (OSMAPAC) list of endorsed candidates prior to the next election. Also look for additional candidate information in our newsletter from our Legislative Affairs Chair, Dee Talmadge. The treat box and raffle ticket sales generated an income of \$1819.96.



Welcome New Members!

Special thanks to our membership development committee of Lela Rashid and Megan Kabour, we welcomed 11 new members this year!

Kelly Cooley- Toledo, Spouse of David Matthew Cooley, Community health and Wellness Center, GI Dept.

Reena Dar-Josh, Holland, Spouse of Sanjiv Josh.

Sarada Das- Maumee, Spouse of Arjun Das, Nephrology Consultants.

Amanda Horen- Ottawa Hills, Spouse of Nicholas Horen, UT Physicians

Ashley Jones- Ottawa Hills, Spouse of James Jones (West Park Family Physicians).

Rawan Kasmani MD- Maumee, Spouse of Rahil Kasmini, Nephrology Associates of Toledo.

Maggie Mohan- Toledo, Spouse of Vedageric Mohabn, Ret. NWO Neonatal Associates.

Cynthia Okin, MD- Perrysburg.

Christa Pumerantz- Sylvania, Spouse of Aaron Pumerantz, The Toledo Clinic.

Sarah Sutter- Waterville, Spouse of Noah Sutter, Maumee Pediatric Associates.

Karen Wu- Sylvania, Spouse of Issac Wang, TRA Radiology.

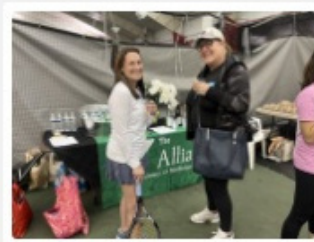
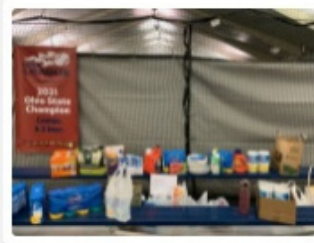
We look forward to seeing our new members in the Fall!

New Member Social was a "HIT"

Our annual New Member Social was hosted at Launchpad Tennis in late April and a "hit"! The goal of the New Member Social is to provide an event where New Members can come together to meet current members and also provide an opportunity for potential New Members to socialize and learn about our organization.

This year's social was planned by incoming co-presidents Christina Hammerling and Renu Kielhorn, and Membership Development chairs, Megan Kabour and Lela Rashid. It was paired with an item donation drive for the Ronald McDonald house and we successfully fulfilled their wish list of items while also raising \$350 for our General Philanthropy Fund.

Thank you to all of the members who brought friends and our new members who came to participate. It was a fun evening for everyone! Lastly, a special thanks to our planning committee for the work and effort that went into making this event a success!



Welcome 2022-2023 Board

Our annual Spring Guest Luncheon took place in May and was hosted at Hoen's Greenhouse. During the meeting our new Board members were appointed and recognized by current OSMA president, Tom Swan. The luncheon was planned by Mary Geiger and Joyce Stengle. The event had 30 members in attendance and was coupled with a gift card fundraiser. There was a delicious box lunch by Le Petit Gourmet and a garden pot demonstration by Theresa Hoen. Thank you to Mary and Joyce for taking the time to plan this fun afternoon event.

Co-Presidents

Christina Hammerling
Renu Kielhorn

Vice President:

Carine Adbul-Aziz

President Elect:

Recording Secretary

Sarada Das

Corresponding Secretary

Joyce Stengle

Treasurer

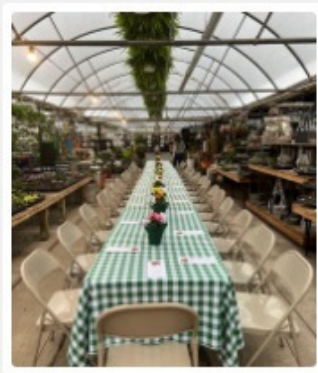
Jess Bair

Assistant Treasurer

Kiran Rai

Immediate Past Co- Presidents

Jessica Bair
Elle Cotterman



**Thank you to our 2021-2022 Board Members and Standing
Committee members for a successful year!**



Special Interest groups sign-up now available for 2022-2023 year! Click link below.

LCMA Special Interest Groups & Sub Committee sign up

[Sign in to Google](#) to save your progress. [Learn more](#)

* Required

Your first and last name: *

Your answer

Renew your Membership today!

Don't forget to update your membership information and fill out the renewal form. You can send a check or pay dues online. Find the form at this link

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Stay Connected with the LCMA

 Facebook

Be sure you're getting emails from us at LCMAAlliance@gmail.com. Follow us on Facebook!

 lcmalliance@gmail.com

In Remembrance:

Let's take a moment to remember our long time, past member, Karen Bates who recently passed away. Our thoughts and prayers go out to Karen's family and friends.

<https://www.legacy.com/us/obituaries/toledoblade/name/karen-bates-obituary?id=34484360>